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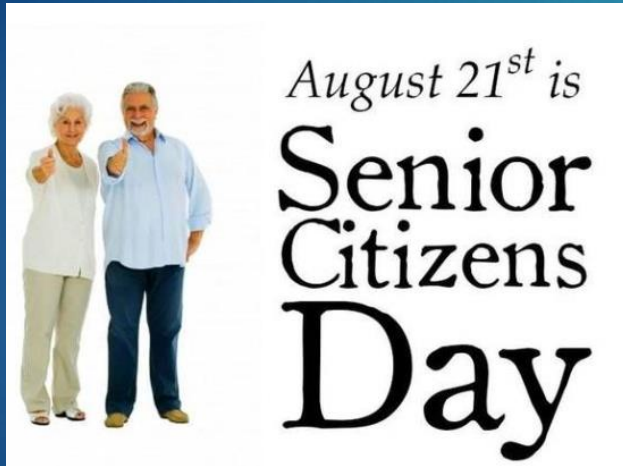
LET'S TALK ABOUT TRAVEL

DEBBIE DOTSON

TRAVEL COACH

AND CONTENT CREATOR

Today's Thoughts



Topics open for discussion



How and when to ask questions



Information after the session

Travel Planning



Where do you want to go?

US or International



How long can you go for?



What is your budget?



How is your health?



What is the goal of the trip?

Travel Apps

Google Maps

1. Google Maps

Great for navigation, finding local attractions, and checking public transportation routes.

TripIt

1. TripIt

Helps organize your travel plans by creating an itinerary from your flight, hotel, and rental car reservations.

Skyscanner

1. Skyscanner

A flight search engine that also helps with finding hotels and car rentals.

Hopper

1. Hopper

Predicts the best time to book flights and hotels to get the best prices.

Travel Apps

Rome2rio

1. Rome2rio

Finds different transportation options to get you from one place to another, including flights, trains, buses, ferries, and driving routes.

PackPoint

1. Pack Point

A packing list organizer that helps you pack based on your trip details and the weather.

Google Translate

1. Google Translate

A translation app that's useful for overcoming language barriers while traveling.

XE Currency

1. XE Currency

Provides real-time currency exchange rates and a currency converter.

Let's Talk about AI for Travel

► ChatGPT



► Microsoft CoPilot



► Google Gemini



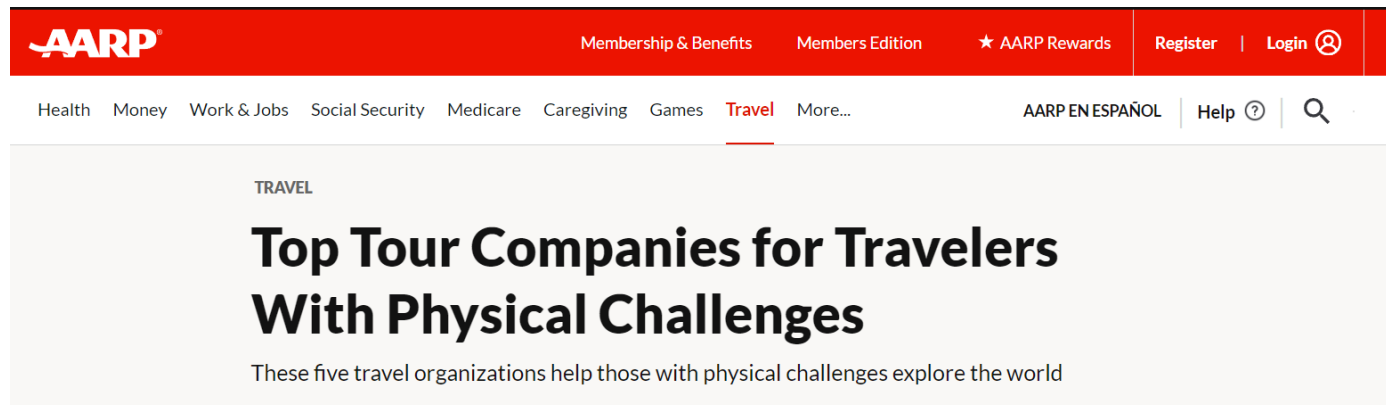
Traveling with Challenges

Easy Access Travel

Wheel the World

Iceland Unlimited

Tapooz Travel



The screenshot shows the AARP website's navigation bar with the logo on the left and links for 'Membership & Benefits', 'Members Edition', '★ AARP Rewards', 'Register', and 'Login'. Below the navigation bar is a secondary menu with links for 'Health', 'Money', 'Work & Jobs', 'Social Security', 'Medicare', 'Caregiving', 'Games', 'Travel' (highlighted with a red underline), and 'More...'. On the right side of this menu are 'AARP EN ESPAÑOL', 'Help', and a search icon. The main content area features the word 'TRAVEL' in all caps, followed by the article title 'Top Tour Companies for Travelers With Physical Challenges' in a large, bold font. Below the title is a sub-headline: 'These five travel organizations help those with physical challenges explore the world'.

Travel Safety

- ▶ **Research your destination**
 - ▶ Before you embark on your journey, take the time to research your destination. Familiarize yourself with the local customs, laws, and any potential safety concerns. This will help you make informed decisions and avoid risky situations.
- ▶ **Share your itinerary**
 - ▶ Always let someone back home know your travel plans. Share your itinerary, including details of your accommodation and contact information. This way, someone will be aware of your whereabouts and can reach out to you if needed.
- ▶ **Stay in safe accommodations**
 - ▶ Choose your accommodations wisely. Opt for reputable hotels or guesthouses that have good reviews and are located in safe neighborhoods. Consider staying in accommodations that have additional security measures, such as 24-hour front desk service or CCTV cameras.
- ▶ **Dress appropriately**
 - ▶ Respect the local culture and dress modestly, especially in conservative countries. This will not only help you blend in but also minimize unwanted attention. Avoid wearing expensive jewelry or flashy accessories that may attract thieves.
- ▶ **Use reliable transportation**
 - ▶ When it comes to transportation, prioritize safety. Use licensed taxis or reputable ride-sharing services. Avoid hitchhiking or accepting rides from strangers, especially at night. If you're using public transportation, be aware of your surroundings and keep an eye on your belongings.

Travel Safety

- ▶ **Be cautious with your belongings**
 - ▶ Keep your belongings secure at all times. Use a cross-body bag or a money belt to carry your essentials. Avoid displaying large sums of money or valuable items in public. Be cautious of pickpockets and be mindful of your surroundings, particularly in crowded areas.
- ▶ **Trust your instincts**
 - ▶ Your intuition is a powerful tool. If a situation or a person makes you feel uncomfortable, trust your instincts and remove yourself from the situation. It's better to be safe than sorry.
- ▶ **Stay connected**
 - ▶ Ensure you have a reliable means of communication while traveling. Carry a fully charged mobile phone with emergency contacts saved. Consider getting a local SIM card or an international roaming plan to stay connected with your loved ones.
- ▶ **Learn basic self-defense**
 - ▶ Taking a self-defense class before your trip can boost your confidence and equip you with valuable skills. Learn basic self-defense techniques that can help you protect yourself if the need arises.
- ▶ **Be aware of scams**
 - ▶ Scammers often target tourists, so it's important to be vigilant. Be cautious of unsolicited offers, overly friendly strangers, or deals that seem too good to be true. Research common scams in your destination and stay informed to avoid falling victim to them.

Travel Styles

Independent

Solo

Large Group
Tour

Small Group
Tour

Large Ship
Cruise

Small Ship
Cruise

RV-Camping

Other

Travel Insurance

Single Trip

Annual
Policies

Coverages

Credit
Cards

Regular
Insurance

Where to find Debbie

- ▶ Website

- ▶ www.seniortraveladventures.net

- ▶ YouTube Channels

- ▶ [@seniortraveladventures](https://www.youtube.com/@seniortraveladventures)

- ▶ Facebook

- ▶ **Senior Travel Adventures – Let's Talk About Trips**

- ▶ Instagram

- ▶ [@seniortraveladventures](https://www.instagram.com/seniortraveladventures)

- ▶ Senior Planet Groups -



Senior Travel Adventures - Let's Talk about Trips!





FINAL
QUESTIONS?

FACEBOOK GROUP FOR SENIORS - TRAVEL ADVISORS



My Senior Travel Buddies



Senior Travel Buddies is dedicated to senior travelers
who love to travel and want a local travel buddy!

